



Noah's Ark Independent Primary School

Subject: Life Skills	Examiner: Dugunye, G.
Type: Summative Term 1	Moderator: Rwizi, A.
Date: 12 April 2021	Grade: 6-B
Marks: 30 Marks	Time: 45 minutes

Name: _____

Instructions

Carefully read all the questions before you start writing.

Answer ALL the questions

Write neatly and legibly

Section A:

1. Choose the correct answer by circling the correct letter. (5)

1.1 A _____ is safe when there is love and respect.

- A conflict
- B relationship
- C friends
- D bully

1.2 _____ is when there are disagreements and fights.

- A conflict
- B relationship
- C bully
- D friendship

1.3 A person with good self-esteem _____.

A eats healthy food

B knows is worthy of being loved and accepted

C makes you feel good about yourself

D makes you unhappy about the way you look

1.4 Changes to your body during puberty can _____.

A cause people to have mood swings.

B harass other learners

C cause you not to exercise

D make you good and friendly

1.5 _____ is part of exercising

A sleep

B crying

C hugging

D locomotor

2. Describe a way each of the following can influence body image. (4)

2.1 Media

2.2 Friends and family members

3. Mrs Adams is angry with her Life Skills class, who are playing around and making a lot of noise. Read two ways in which Mrs Adams can communicate her feelings to the class.

Situation 1

“You learners are forever messing around in class! You don’t take these lessons seriously. You must play around. You really make me feel bad. You’d better shape up!”

Situation 2

“I see a lot of laughing and playing around during class. I’m not upset about it. It’s important to me that you learn about conflict resolution but I’m afraid you’re not taking it seriously. I feel bad because I want you to gain these skills. “

Answer these questions about situation 1 and 2

- 3.1 What is the conflict about? (2)

- 3.2 Which of the two ways, one or two, is most likely to resolve the conflict? Explain why. (3)

4. Complete the sentence. (1)

When two people try to solve their conflict without outside help this is called _____.

____ / 15 Marks (Section A)

Section B

1. Read the scenarios below and answer the questions that follow:

Scenario 1

A group of boys are standing together discussing their favourite team, the Pirates. Jabu walks past. One boy calls out to him and asks who his favourite team is. Jabu answers, "Swallows." All the boys laugh and turn away from Jabu. Another boy calls out, "I guess YOU won't be at our Pirates party Saturday!" Jabu walks away.

Scenario 2

Alexander enters the class, greets the substitute teacher, sits down and prepares to work. Other learners enter, notice the substitute teacher and start spreading the word that there's a new teacher. The bell rings, and the other learners continue to stand and talk. The teacher asks each of the other learners to take their seats and quiet down for the morning announcements. Alexander remains seated quietly while the other learners continue laughing, messing around, and throwing paper planes, some directed at Alexander. Alexander ignores the disruption. One learner calls Alexander a chicken and adds noises; then others make comments to him about him being a teacher's pet.

Scenario 3

Nandipa comes into the classroom and hears the teacher say there's a Maths test. Nandipa whispers something about her mom's reaction to another failed Maths test. Friends overhear Nandipa and tell her not to worry; they've got her covered with the "cheat sheet". Nandipa hesitates and expresses concern about cheating and getting caught. Her friends give her reasons why they think it's fine – such as everyone does it, they've done it before, and they didn't get caught.

Scenario 4

Mapaseka and other learners are gathered in a group around one learner who is showing them a new music video on her phone. They are enjoying the video. Karabo walks in. A few in the group turn and briefly look at her and then at Mapaseka. They don't acknowledge Karabo and turn back to the video. Mapaseka smiles at her and then gives her attention back to the video and the group. Karabo approaches the group, but they don't turn to include her.

[Adapted from: <http://www.thecoolspot.gov/Documents/2PeerPressureBagofTricks%20FINAL%20Edits%2010-31-07MG.pdf>]

Source 1: Spot On Grade 6 Life Skills, Learner's Book, page 30

1.1 Suggest how you would resist the peer pressure in the scenarios above. (6)

1.2 Have you used any of the kinds of peer pressure above, against someone else? Explain. (3)

1.3 Which of the scenarios shows unspoken pressure (where nothing is actually said to you) to help someone? (1)

1.4 Have you had unspoken pressure used to help you? Explain. (3)

1.5 Explain why it is important to handle peer pressure correctly. (2)

----- /15 Marks (Section B)

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